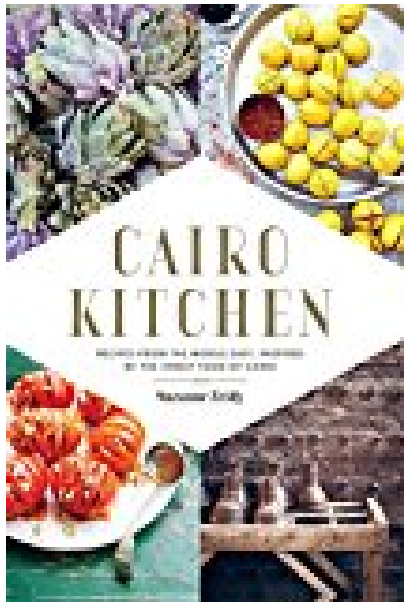


Cairo Kitchen Recipes From the Middle East Inspired by the Street Food of Cairo



BOOK DETAILS

- Author : Suzanne Zeidy
- Pages : 288 Pages
- Publisher : Hardie Grant
- Language : English
- ISBN : 1742708021

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BOOK SYNOPSIS

Suzanne Zeidy grew up in a household that loved to cook. Every Friday her Aunt Alba would round up the extended family for a huge Egyptian style supper, where they would gossip, laugh and feast on traditional home-style cooking. In Cairo Kitchen, Suzanne shares the classics that ignited her love of food, as well as her more modern recipes, which are inspired by Middle Eastern flavours. A combination of authentic street food and delicious home-style cooking, this is modern Middle Eastern food, all set against the exotic, vibrant backdrop of Cairo. Try her stuffed vine leaves, home-style beef kofta stew and age-old recipes for breads. Her modern dishes are classics reinterpreted in a fresh and original way. Try quail on quinoa tabboula or seared sea bass on baba ghanoush and a rice kofta served on vermicelli noodles. The chapter on pickles and preserves will transform any dish into a mouthwatering Middle Easternstyle delicacy, and the sweets, such as Halawa truffles and date and walnut cake, are irresistible. Middle Eastern food is made for sharing, and Cairo Kitchen is filled with standout recipes, perfect for any gathering. Illustrated throughout with stunning pictures by award-winning photographer Jonathan Gregson, this stylish cookbook is a celebration of Cairo and its wonderful food.

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