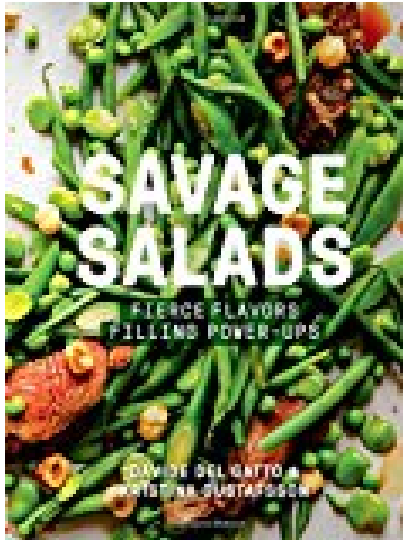


Savage Salads Fierce Flavors Filling Power-ups



BOOK DETAILS

- Author : Davide Del Gatto
- Pages : 192 Pages
- Publisher : Gibbs Smith
- Language : English
- ISBN : 1423644921



BOOK SYNOPSIS

Savage Salads is about filling up, enjoying what you're eating and knowing it's good for you. Kristina and Davide have spent years serving satisfying salads from their London food stall to crowds of adoring fans. They're experts at creating punchy flavours and exciting combinations. Topped with meat, chicken and fish, these recipes are nourishing, delicious, and packed with protein.

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